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What is absorption and why it matters?

Think of a sponge. What does it do? It absorbs and holds water until it is releases it back.

Big traders act the same way, they absorb all the supply in the market at low prices then release the supply at higher prices.

Even though absorption is easy to learn, it does take time to learn and become familiar with it, enough so to apply it to the market.

The learning curve and process will vary from one trader to another. However, with the right education, its just as easy for a beginner to learn as it is for an experienced trader.

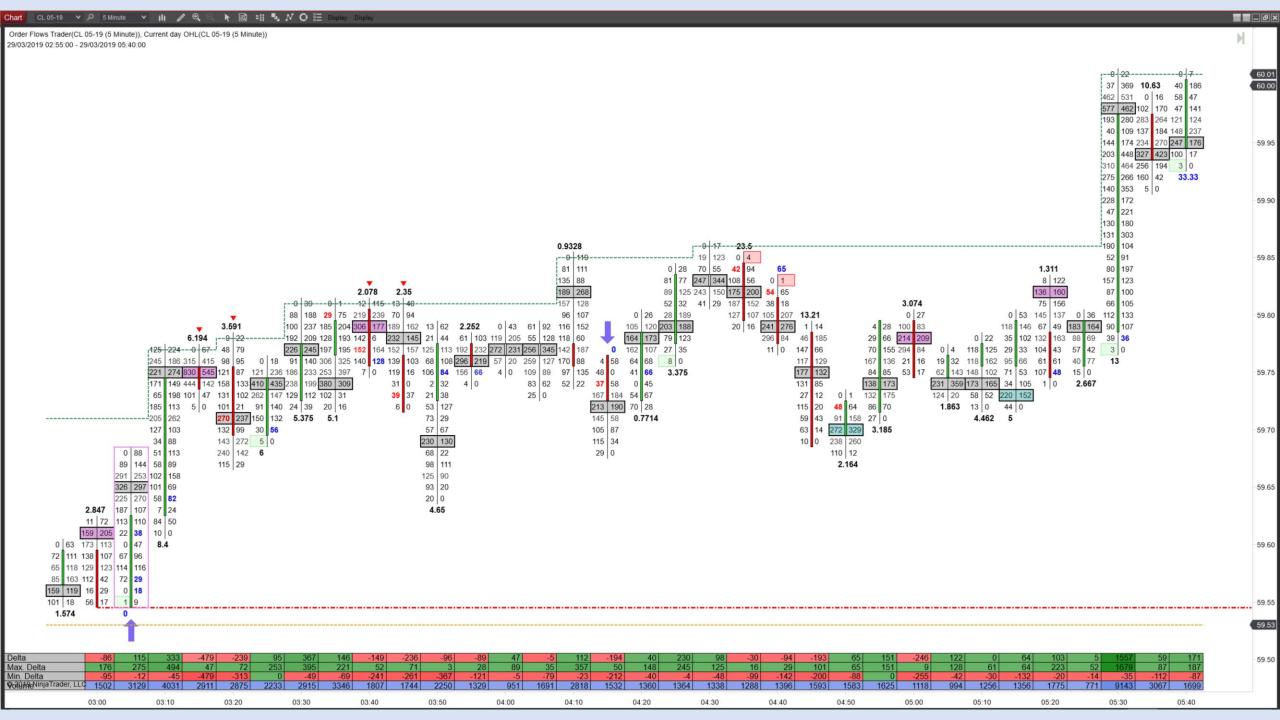
The first step in understanding absorption is understanding the importance of volume in order flow.

Volume is a raw form of market generated information that doesn't need much explanation. It is simply the number of contracts traded.

Within volume, there is bid volume and ask volume.

From bid volume and ask volume, delta is derived.

Within delta there is max delta and min delta.



In Technical Analysis, Volume 101 the basic belief is When price moves up with higher volume that is bullish. When price moves down with higher volume that is bearish. When price moves up on decreasing volume that is bearish. When price move down on declining volume that is bullish.

Volume is what differentiates prices.

The key difference between a market exhibiting absorption and a market exhibiting consolidation is volume.

With absorption volume will be stronger than normal.

With consolidation volume is generally average to less than average.

The reason a lot of trader fail is because they use price based indicators because they think that the indicator will allow them to analyze the market objectively. But what they are doing is actually backwards. They are looking at the effect on the market and not the cause.

To figure out and understand the cause of the move you have to think and when you think, you become subjective and not objective.

By looking at the cause of the move, you can then predict the possible effect it will have on the market and price.